



# SHARE YOUR EXPERIENCES WITH TUBERCULOSIS

Tuberculosis substantially impacts your life. It might be nice to share your experiences with other current or former TB patients. By telling your story, you can help improve tuberculosis prevention in the Netherlands.



## Tell your story

As a current or former patient, you are the expert. Help others who are dealing with tuberculosis themselves (or in their environment) by sharing your story. You can do this on the website 'dwaleninverhalen.nl' of KNCV Tuberculosis Foundation. Personal stories are also regularly published in the journal 'Tegen de Tuberculose.'



## Contact with fellow TB patients

You can also tell your story — possibly anonymously — on the Facebook page for fellow TB patients. Here, you can also ask other patients questions or agree to meet each other to exchange experiences.



## Help health care workers by sharing your experiences

Health care workers would be glad to hear about your experiences at conferences and training sessions. Recounting your story, in your own words, about the consequences of the disease and its treatment makes an important contribution. This allows doctors, nurses and doctor's assistants to improve their guidance and treatment.



## Think with us

Which information is benefiting you (or did previously) during your treatment? What can be improved? Together with current and former patients, we would like to improve the information being distributed about tuberculosis. Digital health solutions also offer more and more options for tuberculosis care. Will you help us think about how we can best use them?

**"There is little information available about what it's like to have tuberculosis in the Netherlands. That is, in fact, quite important. I'm happy to do my bit."**

Rob Stuivenberg (former patient)

The KNCV Tuberculosis Foundation has been fighting TB for 115 years and is the international expertise centre in this area. We find it important to have contact with fellow TB patients and to share patients' experiences with health care workers. There are various options for doing this. Will you participate? Please contact Annet Reusken, nurse consultant at the KNCV Tuberculosis Foundation by e-mailing: [annet.reusken@kncvtbc.org](mailto:annet.reusken@kncvtbc.org)